

TEACHERS

MENTAL HEALTH TRAINING

PROGRAM

ARCAHAIE PROJECT 2013



Rebati Sante Mentale in partnership with the Musée Ogier-Fombrun, and School of Education and Human Development at the University of Miami is implementing this program aim at providing training to teachers on mental health issues. The overall goal is to equip the teachers with support and knowledge that will enable them to better support young students they teach. Our Mental Health Training Program (MHTP) is grounded in a community empowerment and sustainability framework that seeks to meet the following key objectives:

1. Increase capacity and sustainability of mental health in Haiti by training health professionals, teachers, religious leaders, and community members in psychosocial programming and implementation that is culturally grounded in Haitian culture.

2. Train health professionals, teachers, religious leaders, and community members to recognize symptoms of psychological distress in individuals across different age groups and gender.
3. Train health professionals, teachers, religious leaders, and community members to become trainers on how to conduct information sessions with other groups in their respective community
4. Through the train the trainer model, we seek to increase community awareness about mental health issues and ways of seeking services for these issues.

Training Format: Haitian mental health professionals who have been trained in the MHTP will travel to Haiti and conduct one week long training sessions with groups of 15 teachers at a time on the manual. A total of 6 training sessions will be conducted starting in January. Teachers will represent different regions of the Arcahaie area as well as different types of schools (public, private) from different settings (rural, urban, and mountain). At the end of each training sessions, 1-2 trainers will be selected from the group who will join the group of trainers and assist with the implementation of the subsequent sessions. Thus, at the end of the program, a group of 10-12 teachers would have received extensive training as trainers and be ready to implement similar training programs in the future.

Training Materials : Participants will complete pre and post assessment



instruments to assess their competence prior to participating in the program as well as after. In addition, training materials will be distributed in French and Creole but the training will be conducted in creole.