THE HAITIAN MENTAL HEALTH SUMMIT

Marie-Claude Rigaud, MD, MPH

Distinguished Life Fellow, APA

2011 AMHE CONVENTION

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EARTHQUAKE….. AS DISASTER

- “A serious disruption of a society, causing widespread human, material, and environmental losses, which exceed the capacity of the affected society to cope, using only its own resources.”

UN 1992

RESPONSES TO DISASTER

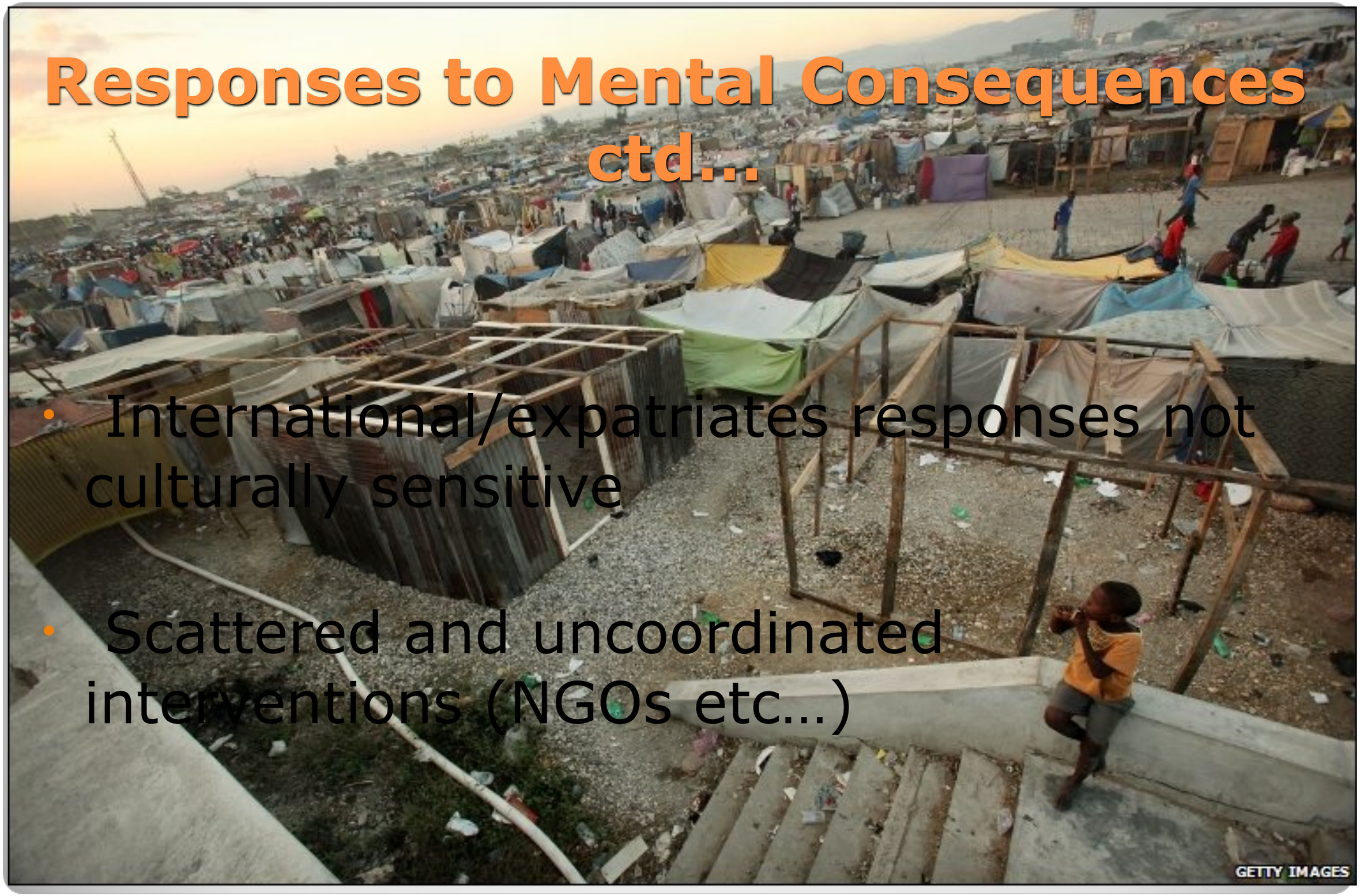
- Primary focus: PHYSICAL TRAUMA
- Limited (if any) focus on Mental Trauma

Responses to Mental Consequences In Haiti

Were inadequate due to:

- Stigma affecting recognition & seeking care for mental/emotional problems
- Limited mental health resources in Haiti

Responses to Mental Consequences ctd…



- International/expatriates responses not culturally sensitive
- Scattered and uncoordinated interventions (NGOs etc…)

OUR RESPONSE:

HAITIAN MENTAL HEALTH SUMMIT

Colloque sur la Sante Mentale

June 26-27, 2010, Miami, Florida

Goals of the Haitian Mental Health Summit

- Increase awareness of mental health situation in Haiti and among members of Haitian in Diaspora
- Develop specific strategic goals and action plans for working collectively in addressing mental health needs of Haitians
- Create network of MH professionals and stakeholders aimed at addressing mental health needs of Haitians.

HAITIAN MENTAL HEALTH SUMMIT
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Principal Supporting & Participating Organizations

- American Psychiatric Association
- Haitian American Psychiatric Association
- Individual Haitian psychiatrists
- University of Miami, School of Educational psychology

Participating Organizations

- Haiti Ministry of Health & Public Health
- Zanmi Lasante (Partners in Health)
- Hopital Psychiatrique de Beudet
- Mars & Kline Psychiatric Hospital
- University D'Etat d'Haiti
- Centre de Psychotrauma (URAMEL/IDEO)
- Petionville Club Camp Videos

Participating Organizations ctd…

- Kids First Psychological Services
- Haitian Mental Health Network (Boston)
- Haitian American Psychiatric Association
- Black Psychiatrists of America
- World Psychiatric Association
- Association of Black Psychologists
- The North America Network (Haitian Mental Health Coalition)

Participating Organizations ctd..

- NYU School of Medicine
- SUNY Downstate School of Medicine
- PIH (Harvard School of Medicine)
- U of Miami, School of Education
- Florida International University
- Haitian Neighborhood Ctr (Sant La)
- Switchboard of Miami Crisis Hotline

Participating Organizations ctd..

- Konbit Sante
- National Institute of Mental Health (NIMH)
- Pan American Health Organization
- American Psychiatric Association

SPONSORS

- APA (Lindenman Grants for Disaster awarded to:
  - Illinois Psychiatric Society
  - Florida Psychiatric Society
  - Brooklyn Psychiatric Society
- Additional funding from GeoCare Inc & American Psychoanalytic Association

HAITIAN MENTAL HEALTH SUMMIT

Next Steps

- Formation of MH TASK FORCE to follow up on Summit Objectives
- Facilitation of formation of Haitian Psychologists Association
- **Rebati Sante Mentale**: an organization charged with following up on Summit goals objectives
- January 2012 Summit in Haiti

REBATI SANTE MENTALE

- By Laws & Budget: developed
- Board Formation: done
- 501C3 Non profit: complete
- Website: in process
- Facebook presence: done
- Search for Executive Director/grant writer
- Fundraising activities: planned

REBATI SANTE MENTALE:

Projects & Achievements

In collaboration with:

- MSPP,
- Assoc. of Haitian Psychologists,
- HAPA,
- U of Miami, School of Education
- FIU (Dr Castellanos)

REBATI SANTE MENTALE:

achievements to date

- In collaboration with APA "OMNA" Haitian Mental Health Forum (Boston Oct 17, 2010)
  - Haitian Studies Association (Brown University)
  - Coordination with UN Association of Greater Chicago Health Task Force

REBATI SANTE MENTALE

achievements to date

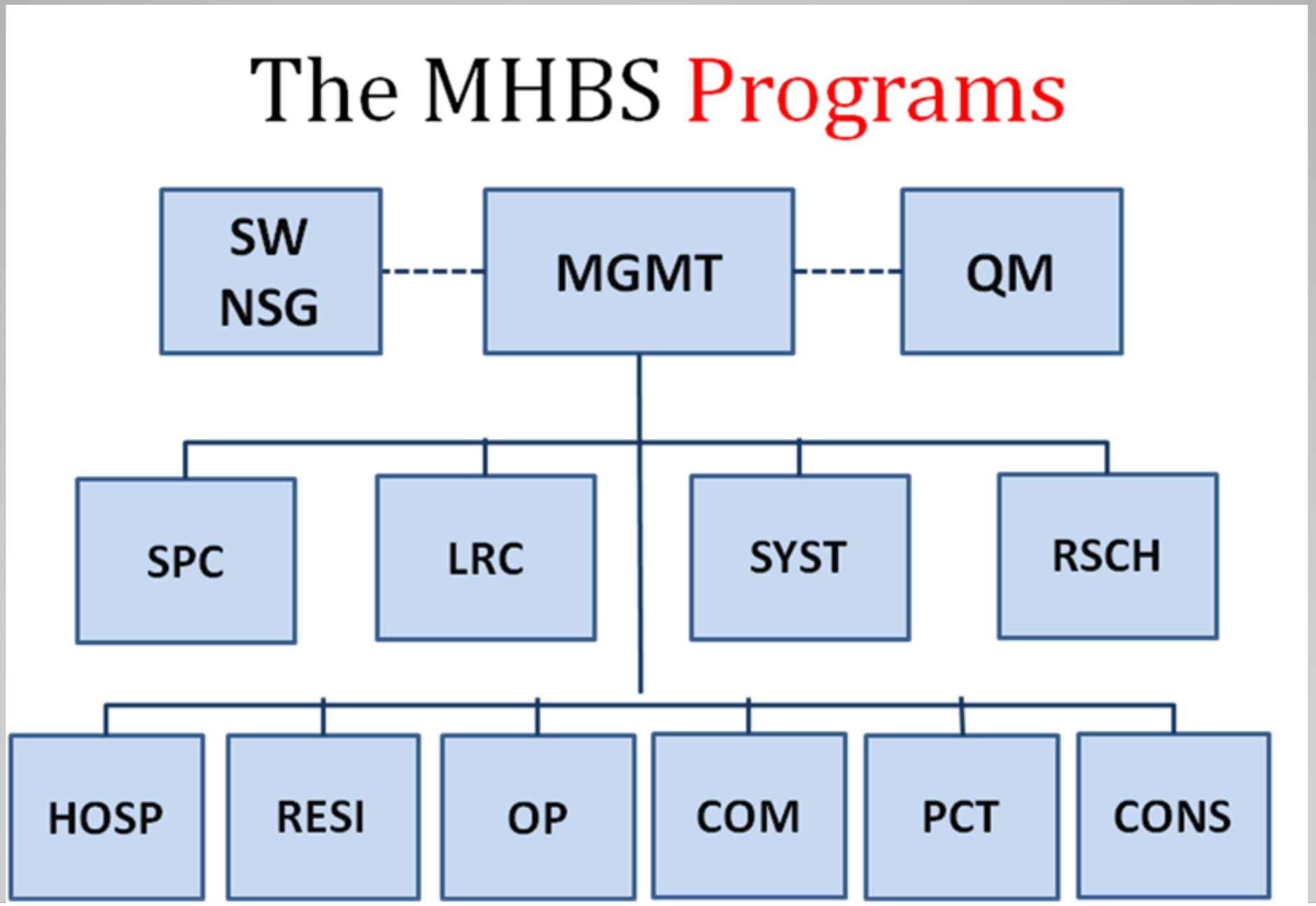
- Contribution & Participation in MSPP development of plans for mental health services in Haiti
- Representation to first Congress of Haitian Psychologists
- Development of plans for rehabilitation of psychiatric facilities in Haiti
- Initial development of plans for community health clinics in Haiti

REBATI SANTE MENTALE

Targeted Projects

- HAPA en HAITI pour "REBATI MENTALE HEALTH" (Tropnas-Douyon) Starts September 2011.
- Teachers as Therapists (Dr Husain, U of Missouri)
- Joint Training projects with Dr Castellanos (FIU)
- APA OMNA in Brooklyn, NY May 2012

Haiti Mental Health System (proposed)



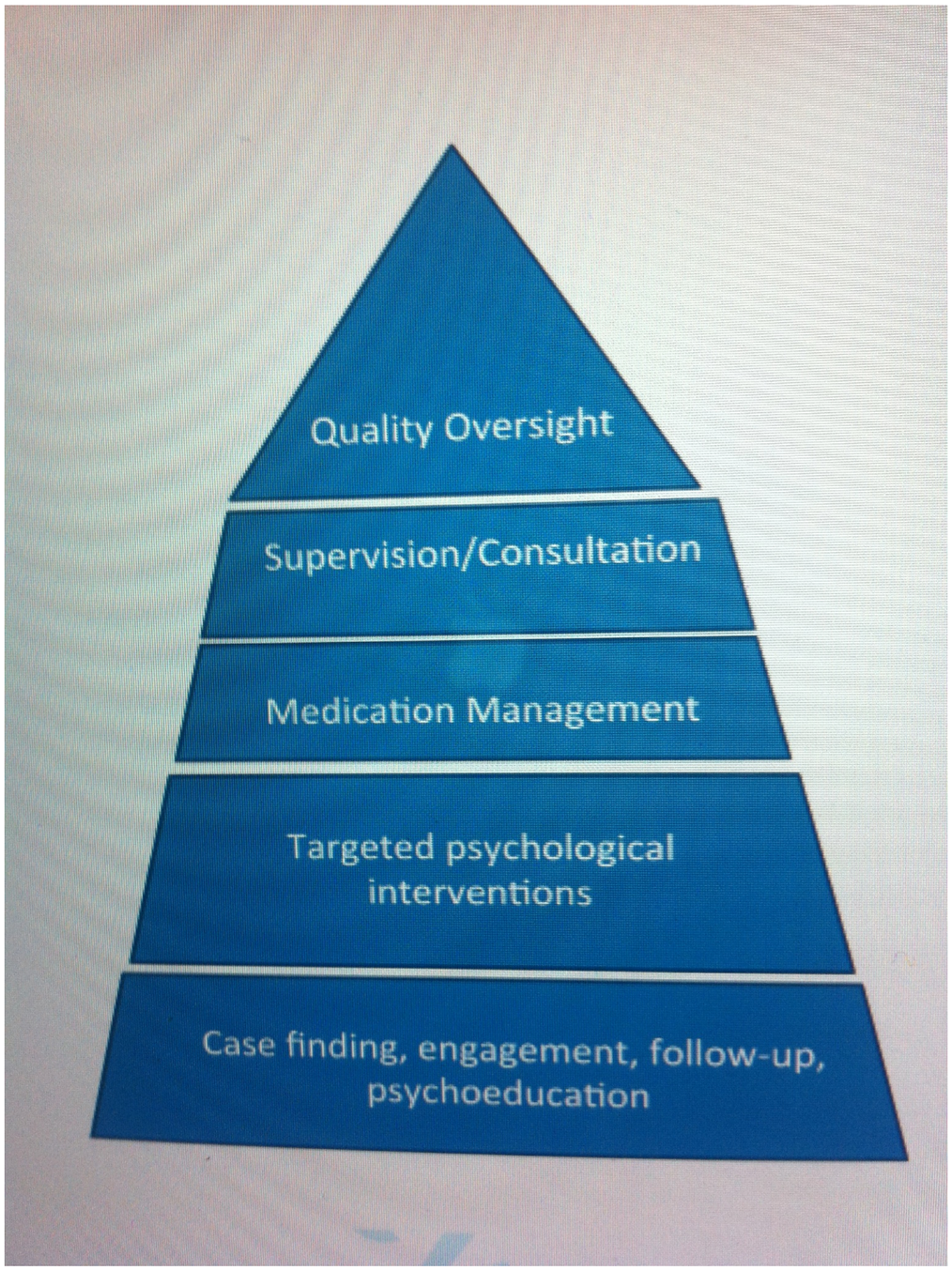
Haiti Mental Health System

- MHBS---Mental Health & Behavioral Sciences
- SW---Social Work
- NSG---Nursing
- MGMT---Management
- QM---Quality Management
- S & VPC---Suicide & Violence Prevention Coordinator
- LRC---Long Term Recovery Coordinator
- SYST---System Analysts

Haiti Mental Health System

- RSCH---Research
- Hosp---Hospital
- RESI---Residential
- OP---Outpatient
- COM---Community
- PCT---PTSD Clinical Team
- CONS---Consultation

Pyramid of Care



Quality Oversight
Supervision/Consultation
Medication Management
Targeted psychological interventions
Case finding, engagement, follow-up, psychoeducation

Haiti
International boundary
Department boundary
National capital
Department capital
Railroad
Road
0 10 20 30 40 Kilometers
0 10 20 30 40 Miles
CUBA
74
73
72
20
19
Tortuga
NORTH ATLANTIC OCEAN
Windward Passage
Port-de-Paix
Môle Saint-Nicolas
NORD-OUEST
Bale-de-Henne
Les Trois Rivières
Le Borgne
Cap-Haïtien
Montecristi
Fort-Liberte
Grande-Rivière-du-Nord
NORD
Saint-Raphaël
NORD-EST
Ennery
Gonaïves
ARTIBONITE
Lafond
Saint-Marc
Hinche
Montrouis
Caribbean Sea
Île de la Gonâve
Canal de Saint-Marc
Anse à Galets
Mirebalais
Lac de Péligre
OUEST
Manneville
Jérémie
Dame-Marie
Grande Cayemite
Canal du Sud
Port-Prince
Croix-des-Bouquets
Pétionville
Léogâne
Petit-Trou-de-Nippes
Pestel
Anse-d'Hainault
GRAND'ANSE
Petit-Goâve
Miragoâne
Kenscoff
Jimani
Étang Saumâtre
Les Anglais
SUD
Trouin
SUD-EST
Aquin
Jacmel
Marigot
Belle-Anse
Les Cayes
Côtes-de-Fer
Bainet
Île à Vache
Port-Salut
DOM REP

THANK YOU

On behalf of the planning committee of the first Haitian Mental Health Summit and the Board of REBATI SANTE MENTALE

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